





Mission Statement

To enhance the lives of Calgarians, through the known human-animal bond, with pet visitation therapy, program development, research, education and collaboration.

Staff

Diana Segboer Executive Director

Linda Street Volunteer Coordinator

Tanya Greffard Volunteer Coordinator

PALS Office

3019 21st Street NE, Calgary, AB T2E 7T1

Phone 403-250-7257

Office Hours: Monday to Thursday 8 am to 5 pm;

Friday call first as it is Diana's errand day

Email: info@palspets.com

Website www.palspets.com

Charitable Registration number 10781 1879 RR0001

Board of Directors

President Holly Yaschuk

Vice President Wendy Witczak

Treasurer Shona MacKenzie

Secretary Lee Sudrich

Veterinary Director Dr. Wanda Vockeroth, DVM

Director Ericka Belleth

Director Lydija Dahl

Director Daniel Lombardi

Director Janet Cameron

Director Jennifer James

Statistics as of December 2018

Board Members	11
Total Active Volunteers.....	439
Clinics	76
Visiting Volunteers	405
Visiting Dogs.....	404
Visiting Cats.....	17
Visiting Rabbits.....	3

PALS Social Media



President's Message



2018 was another year of growth for PALS!

It is so hard to believe that another year has flown by!

Firstly, a big thank you to our 400 + volunteers of the two and four-legged variety, you have spent 1000's of hours sharing the unconditional love of your pets at facilities across Calgary – you are the core to our organization! There was much happening this year - many new volunteers onboarded and so much love shared with those who need it most. You truly outdid yourselves and did PALS proud!

You will be amazed at all the places that PALS visited this past year. We have increased our regular visits to over 60 facilities and our special visits have doubled. Over the year, PALS led several fundraising events including our flower basket sales, online auction (Barktion), hosted 2 food service booths at the Shaw Charity Classic and we were back at the Telus Convention Centre's Art Market and did an amazing job with the booth relief and our always popular public relations booth.

We did a few new things in 2018, we hosted a GIANT garage sale, a fall social at Sauce with a silent auction and door prizes and sold Bears Track ice melt for the long Calgary winter. Our casino was technically in 2019, we'd like to say thank you to our volunteers who gave up their New Year's day & evening to help out.

A huge thank you goes out to our PALS staff – the team of Diana, Linda and Tanya we couldn't do any of this without you. Thank you for all you do!

On behalf of the PALS leadership, we want to express our gratitude to the families, individuals and organizations for whom have made PALS your charity of choice, thank you from all of us.

Looking forward to another exciting year for PALS!

Holly

Holly Yaschuk
PALS President

**333
SPECIAL
VISITS**

**1584
REGULAR
SCHEDULED
VISITS
(facilities)**



**109
NEW PALS
RECRUITS
IN 2018**

Programs

FACILITY VISITS PET VISITATION THERAPY



"Residents love the visits, look forward to them. Residents always ask when they will be back and many have a 'favourite' dog."

Facility Manager



PALS provides Pet Visitation Therapy to over 60 facilities in the City of Calgary. These facilities consist of hospitals, long and short term care, nursing homes, schools, libraries, emergency and domestic violence shelters, addiction and mental health centres, young offender centres and the airport (and the list continues to grow).

Visitations at these facilities are set up on a schedule a year in advance, with a team of volunteers between 4 and 15 members, depending on the size of the facility. Volunteers visit at each facility for up to 1.5 hours.

PALS is also visits regularly at palliative/hospice care units, but is also on an on call as needed basis. All services provided by PALS are offered free of charge.

Tonight Dom and I were reminded why we love to volunteer together. At the Alberta Children's Hospital we did a room visit for a young lady (8 years old). She does not communicate the way you and I do but she was able to let us know how much she enjoyed the visit.

As soon as Dom sat beside her she started to smile and when he moved closer she started to giggle. Dom laid his head on her stomach and the giggles turned to laughing.

I am not sure who laughed harder her or I...Dom found a great pillow in her arms and you could just tell she appreciate and was so happy to have him visit.

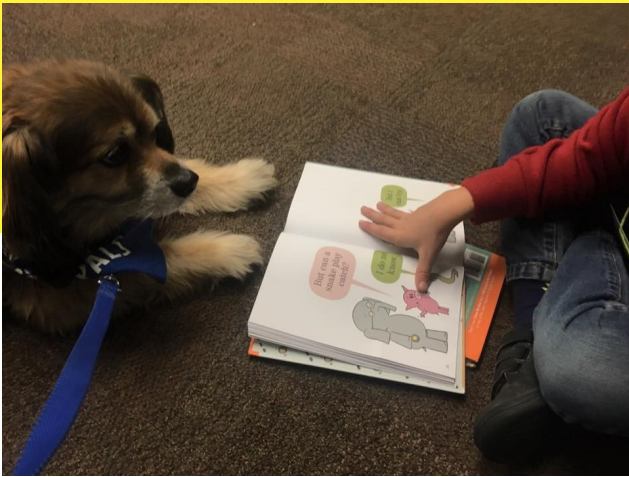
Both Dom & I came out of that visit with joy in our hearts. This little one with a halo & confined to bed showed us happiness come from simple things in life.

PALS Volunteer



Programs

STORY PALS



Story PALS is collaboration with the Calgary Public Libraries that began in 2006. For a 6-week session, struggling readers, aged 6-12 years old, are paired up with PALS therapy dog teams for one-on-one reading sessions.

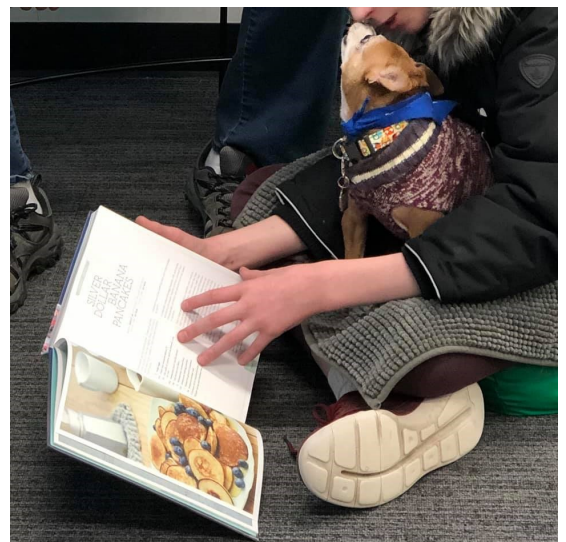
Children who are struggling with reading have a very hard time reading in front of their peers and adults, however, the non-judgemental interaction that takes place between child and dog allows for the words to flow. During the time with the dogs, the children forget their limitations. The dogs provide rapt attention and the children read without fear of being criticized or being interrupted.

This type of program has many long-term effects, but the biggest being the boost in the child's self-esteem and the increase in their reading levels. This program is offered twice a year to as many libraries as request it.



"I have noticed a marked improvement in Sebastian. He suffers from ADHD and he is now able to stay focused on reading to the dogs for the full half hour! It was great to see."

Parent



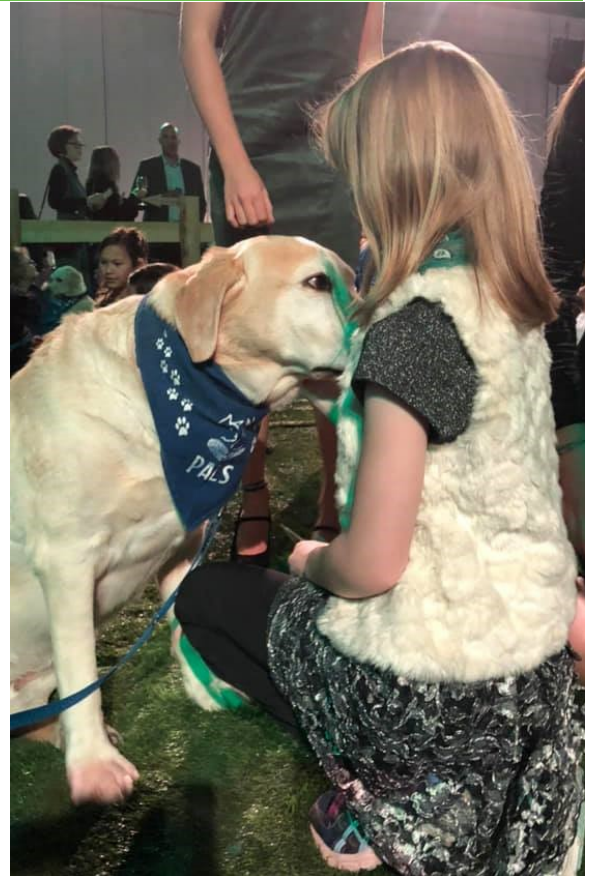
Programs

SPECIAL VISITS



"Thank you so much for bringing the dogs, petting them was exhilarating, it lifted my spirit and relieved my stress"

This was from an individual whose child was attacked by a dog at an early age



Each month PALS received requests for Special Visits to a wide variety of facilities and programs throughout Calgary. Great care is taken to ensure that as many requests as possible are filled, always keeping in mind PALS mission and vision.

These visits can include special events that are happening, visits to schools, Telus Spark, community events, and other visits that may not meet the criteria for a monthly visit.

In the past 10 years demand for Special Visits have gone up over 1075%.



PUPPY ROOMS



"I always make sure that I have time for Pet Therapy, no matter how busy I happen to be that day or week.

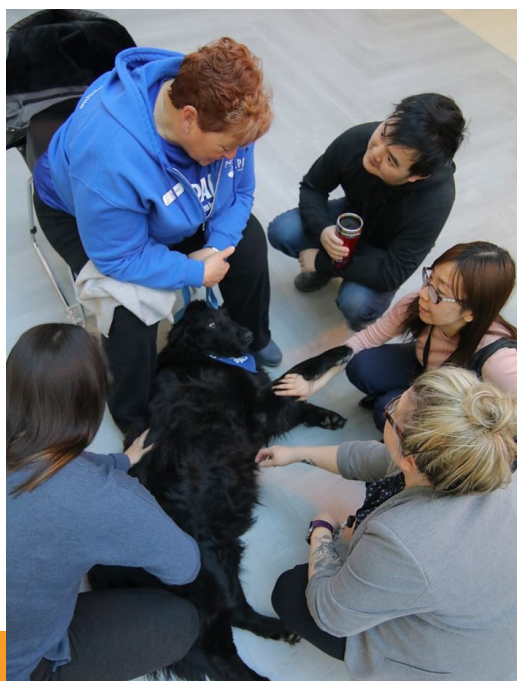
Every time I walk into the room, feel myself leaving my stressors at the door and begin to live in the moment. "

Student



PALS Puppy Rooms started initially as a stress reliever for students attending Calgary's universities and other post-secondary institutes. It is still extremely popular with the students at the University of Calgary, St Mary's University College and SAIT where we visit on a regular basis through their academic year.

PALS has noticed a marked increase in demand for this program to address the stressful environments that we are seeing in corporate Calgary and other work environments.



Programs

PRE-BOARD PALS



The Pre-Board Pals volunteers have collectively logged over **10000 hours** in 2018



"In countless ways these animals have brightened moods, turned days around, soothed the distraught and transformed the atmosphere at our airport."

Jocelyn Alexander
Community Engagement
The Calgary Airport Authority



Pre-Board Pals is a partnership between Pet Access League Society and The Calgary Airport Authority that started in April of 2014, which brings PALS therapy animals to the airport to enhance the YYC passenger experience.

The therapy dog and cat teams will roam the terminal and greet visitors to YYC during peak travel times every Thursday to Sunday. Focusing on cancellations and delayed flights first, the teams primary focus is to look for those who are stressed out or otherwise struggling with the thoughts of travelling – as not all travel is fun for everyone.

Each PBP team member has a trading card with their pet's picture and information on it, which are a huge hit with the children traveling.

Programs

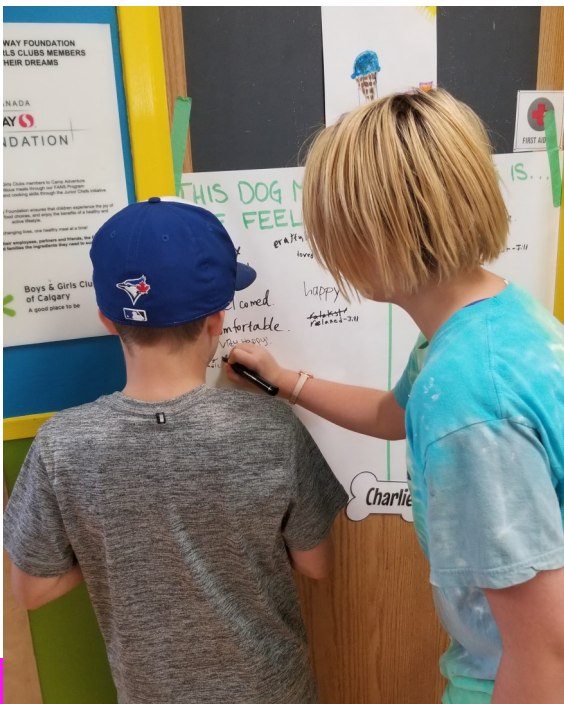
PAWSITIVE PALS



Thank you PALS for coming. This was an amazing experience. We learned so much and the dogs were amazing!
Thank you!
Participant At BGGC



This newly created, innovative program was introduced to help at-risk youth from the ages seven to thirteen who are struggling with the challenge of making healthy choices in today's world. PawsitivePALS brings pet therapy into their world as a gentle, but powerful influence designed to show them the importance of friendship, offer positive ways to combat peer pressure, and instill the idea of 'stop and think' before things get out of control.



Financial Overview



PET ACCESS LEAGUE SOCIETY
Statement of Financial Position
For the Year Ended December 31, 2018

	2018	2017
Assets		
Current Assets		
Cash	\$ 43,662	\$ 27,049
Raffle	4,634	1,901
Casino	1,474	\$54,434
Accounts Receivable	-	-
GST Receivable	1,660	4,580
Prepaid Expenses	-	679
	<u>51,430</u>	<u>88,643</u>
 PP&E (Note 3)	 67	 815
	<u>\$ 51,497</u>	<u>\$ 89,458</u>
 Liabilities		
Current Liabilities		
Accounts Payable & Accrued I	\$ 16,664	\$ 25,682
Wages Payable	-	3,331
	<u>16,664</u>	<u>29,013</u>
 Deferred Contributions (Note 4)		
Related Operations	-	53,891
Related to PP&E	-	-
	<u>-</u>	<u>82,904</u>
 Net Assets		
Invested in PP&E	-	2,456
Unrestricted	-	4,098
	<u>-</u>	<u>6,554</u>
 Retained Earnings		
Opening	\$ 68,970	
Ending	(\$ 34,136)	
	<u>\$ 51,497</u>	<u>\$ 89,458</u>

Approved on behalf of the Board:

Director: 

Director: 

Financial Overview



PET ACCESS LEAGUE SOCIETY
Statement of Operations
For the Year End December 31, 2018

	2018	2017
Revenue		
Fundraising	\$ 47,588	\$ 57,102
Donations	80,787	47,681
Casino	4,171	65,489
Grants	12,969	10,391
Memberships	11,665	12,155
	<u>157,180</u>	<u>192,818</u>
Expenses		
Salaries & Wages	125,998	134,448
Rent	17,700	17,520
Fundraising	12,428	13,502
Office	9,446	6,573
Volunteer	14,182	7,185
Professional Fees	1,038	430
Telephone	2,371	2,099
Insurance	3,560	3,538
Interest & Bank Charges	1,265	1,129
Amortization	749	773
Travel	994	509
Repairs & Maintenance	1,406	379
Training	177	482
	<u>191,316</u>	<u>188,567</u>
Excess (deficiency) of revenue over expenses	<u>\$ (34,136)</u>	<u>\$ 4,251</u>

Complete Financial Statements are available by request

You bring so much joy to so many every day of the year.

Thank you PALS volunteers! You make PALS proud!

