



Summer 2009

News from the PALS Press

Newsletter of Calgary's Pet Access League Society

"Pets Helping People"

Congratulations, Jet: Volunteer Calgary's Pet Volunteer of the Year!

Congratulations to Jet, who won the Volunteer Pet of the Year Award at the 2009 Leadership Awards hosted by Volunteer Calgary.

Jet is the longest active visiting pet in the PALS program. Together with his trusty 'chauffeur', Tineke Asma-Schollardt, Jet has volunteered for 13 years and has made more than 200 visits to Alberta Children's Hospital. In fact, Jet is considered pretty famous at ACH! Jet's success is not bad for a kitty who was born on the street!

To see a video about Jet, click on <http://jetvision.tv/video.aspxplay-erID=17&videoID=&tabNAME=&categoryName=>. Click on 'Award Videos', and then scroll down until you find Jet the cat.

Congratulations again, Jet! We hope to see you and Tineke actively at 'work' volunteering for many more years!



Hooray, Jet!

Remember to watch out for your furry friends this summer

As always, this time of year can bring dramatic changes in temperature. After a winter of ice and snow, it can be hard to remember how fast the temperature outside can spike in the Spring and Summer. For our feline and canine counterparts, the changes in temperature can be especially hard.

When you are out on walks, please remember the importance of bringing enough hydration for your companion. At most pet stores, you can purchase collapsible water dishes and reservoirs that attach to the end of water bottles. It is up to you to make sure your pet stays healthy and happy through the hot months!

Some other important tips to keep in mind this summer:

- If you have a big, extra furry friend, cooling blankets can be purchased at some specialty pet stores.
- When the temperature really soars, walk on the grass instead of the pavement to save your pet from paw dis-



comfort.

- During peak sunshine hours, seek out shaded areas to walk and to rest with your pooch.
- Water misters are great to create a continually cool area in a backyard. They are available at most large home stores (Canadian Tire, Home Depot, etc.)

Most importantly, please, PLEASE: never leave your pets alone in the car when it's even a little warm out. What seems like "just a moment" can cause terrible suffering to your four-legged best friend.



Summer PALS Office Hours

Vacation time for office staff means that office hours are not entirely predictable. Please give the office a call at 403-250-7257 before you make a trip to the PALS office. We'd hate to miss you! We're always available by email, though. Feel free to drop us a line at info@palspets.com anytime!

Casino: Stay young AND help PALS with a great fundraiser!

Some people prove they are still young by purchasing a nice, little red sports car. Some go for an updated hairdo (sometimes, with odd colours added)! PALS volunteers don't need to resort to such potentially expensive or embarrassing extremes. Giving back is one of the quickest, easiest and shortest routes to youth.

Show that you still have what it takes and volunteer for the upcoming PALS Casino on August 31 and September 1, which will be held at Casino Calgary (1420 Meridian Road NE).

This is PALS' most important fundraiser and the money it raises allows us to continue to share the joy animals bring to those who often appreciate it most. There are a number of jobs, most requiring no experience.

If you enjoy visiting with other PALS volunteers, wearing a pager, snacking, and occasionally going out on the casino floor looking official, then **Chip Runner** is the job for you. (Contrary to what the name

suggests, running skills are not required!)

If you're more into the exhilarating feeling of large sums of money at your fingertips, then **Cashier or Banker** would probably be more to your liking. (Serious interest in chatting and sharing pet stories would be helpful for both of these positions.)

If you are more of the "Captain of the Starship" personality, then you would probably enjoy "making it so" as a **General Manager**. (Because any activity suffers when it has too many captains and not enough crew, GM positions are in limited supply!)

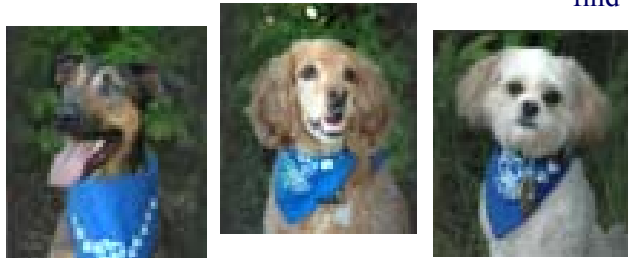
Then there are the people with more eclectic tastes. Having no fear of money counting devices, little tendency to claustrophobia, and being open to eating at odd hour of the night would make you a perfect candidate for a **Count Room Clerk**.



We need volunteers for both the daytime (10:30 am to 7:30 pm) shift and the evening (7:30 pm to 3:00 am) shift.

If you would like to help us with our biggest fundraiser of the year, please complete the form below, or find it in the Members section of www.palspets.com and fax it back to the PALS office at 403-250-9273, or submit it online.

See you at the Casino!



Casino Volunteer Sign-Up Form

Name _____ Daytime Phone _____

Email _____ Evening phone _____

Comments? _____

I am available to volunteer during the:

- Day Shift (10:30 am - 7:30 pm)
- Night Shift (7:30 pm - 3:00 am)
- Either Shift

I am interested in volunteering in the following position:

- | | |
|---|--|
| <input type="checkbox"/> Chip Runner | <input type="checkbox"/> Banker |
| <input type="checkbox"/> Cashier | <input type="checkbox"/> General Manager |
| <input type="checkbox"/> Count Room Clerk | <input type="checkbox"/> Any Position |



Please fax this form to the PALS office at 403-250-9273, or click on the Members section of our website (www.palspets.com) to submit your sign-up form on-line

Upcoming Special visits

Annual Hull Stampede Breakfast - "Special Visit"

The annual Hull Stampede Breakfast event is a great way to get our name known in the community, and it's a ton of fun to boot! This is a favorite event every year and is open to everyone. Pack your cowboy hat, kerchief and furry friend and join us!

Location: 2266 Woodpark Ave SW

Date: Tuesday, July 7, 2009

Time: 9:00 am until noon

The more the merrier! Feel free to drop in for a few minutes or stay from start to finish. Help entertain "pardners" both big and little who are waiting in line to see the many attractions. STARS and HAWK helicopters, mascots, singers and dancers will all be there to make this a special day.

Please email or phone us to let us know if you plan to come so we can track your volunteer hours.

Volunteers are needed for a whole bunch of one-time visits. If you and your furry friend have some extra time to donate to these very worthy visits, please contact Joan at the PALS office, at 403-250-9273.

PREP

Tuesday, June 2 @ 9:30 am

4 year olds with Downs Syndrome

Renfrew Educational Services

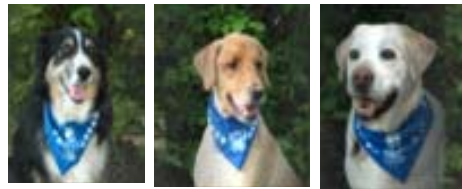
Wednesday, June 10 @ 9:30 am

Kindergarten kids with special needs

Christine Meikle School

Thursday, June 18 @ 10 am

Children with Cerebral Palsy



Renfrew Educational Services

Wednesday, June 24 @ 1 pm

Kindergarten kids with special needs

Aspen Lodge

Monday, June 29 @ 6:30 pm

Seniors

Society for Treatment of Autism

Friday, July 10 @ 1:45 pm

Children with Autism

Society for Treatment of Autism

Friday, July 16 @ 10:00 am

Children with Autism

Harbours of Newport

Monday, July 20 @ 1:30 pm

Seniors

Story PALS

The next Story PALS Session will be starting the week of October 18th. Though it's still a few months away, start planning for this important - and really fun - volunteer opportunity now. Almost all PALS volunteers who have tried out Story PALS agree this short term (just one hour a week for six weeks) volunteer opportunity is a PALS highlight.

For anyone who hasn't yet been part of Story PALS, here's some background. Story PALS is a six week program that takes place in libraries around the city. Kids, typically aged between five and twelve, who want to practice their reading, read aloud to our PALS pets. The pets enjoy the calm environment and the many pats they receive, and the kids enjoy the non-threatening pet listener.

This fall, in addition to the Village Square, Fish Creek, Louise Riley, Thornhill and Shaganappi branches, Story PALS will also be offered at the Crowfoot library.

If you are interested in becoming a Story PALS volunteer, or would like more information on the program, please contact Joan at 403-250-7257 or email her at joan@palspets.com



Your PALS newsletter team: writers Shannon Boyd and Jennifer Poole, and editor Madeleine Benita Baerg.

Do you have newsletter ideas or news?

Contact info@palspets.com!

Pet Access League Society:

3019—21 Street NE

Calgary Alberta

T2E 7T1

Telephone: 403-250-PALS (7257)

Facsimile: 403-250-9273

E-mail: info@palspets.com

Website: www.palspets.com

Charitable Reg'n No: 10781 1879 RR0001

Board of Directors:

President: Angie Young

Vice President: Brian Jack

Vice President: Mark Whiteman

Treasurer: Fraser Boyd

Directors:

Jim Heaton

Kristi Kasper

Joan Lister

Dr. Wanda Vockeroth

Mark Whiteman

Sharron Winter

Executive Director:

Sandra Johnston

Volunteer Coordinator:

Joan Andersen