



PALS PRESS

Newsletter of Calgary's Pet Access League Society

NEW PALS BOARD OF DIRECTORS

Summer 2004

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This year saw a record number of candidates nominated for election to the PALS Board of Directors. This was due partly to the retirement of four of our existing board members. However, it also reflects the commitment of our volunteers to having capable people involved in directing the future of PALS.

Four new faces were elected to the PALS Board of Directors:

Jim Heaton brings to the PALS Board over thirty years of experience in a variety of volunteer organizations with extensive skills in strategic planning, financial management and fund-raising.

Paul Klaassen will use his Commerce degree, his ten years of industry experience and his analytical mind to fulfill the post of Treasurer for PALS. Many people also know Paul as a long-time and dedicated bingo volunteer.

James Miller has been a 9-year volunteer and Team Leader at the Children's Hospital. His BA Economics and Political Science and skills in sales, marketing, business development, financial modeling, and public speaking will, no-doubt, contribute greatly to the new board.

Angie Young has post-secondary education in Business and is well known as a PALS volunteer who is extensively involved with Pet Screening, New Volunteer Orientations and with obtaining corporate donations for PALS.

Congratulations and Welcome A-Board - pun fully intended.

Two sitting board members were re-elected for another term. (Congratulations to Brian Jack and Gus van Heusden). Additionally, two existing board members will be remaining on the board, as they are only halfway through their term (Paul Rintoul and Dr. Irene Phillips).

Dates to Remember:

- * Bingo - Sept 23
- Please contact Audrey Giefer at 248-6422 if you can help.
- * Hull Breakfast - July 13
 - * Calaway Park - Aug 7, 8
 - * Pet Expo - Oct 29-31
 - * Art Market Nov 18-21



Your Board of Directors: (left to Right) Angie Young, Brian Jack, Paul Klaassen, James Miller, Paul Rintoul, Jim Heaton, Irene Phillips, and Gus van Heusden. Acting as a Board (bored) mascot, in the front row is Angie's Reba.



PALS SUMMER HOURS

It's that time of year again when we all look forward to warm summer evenings on our patio and cool refreshing beverages. In keeping with the season, the PALS office hours will be adjusted during the entire month of July.

The office will be open from 10 am to 4 pm Tuesdays, Wednesdays and Thursdays . However, please note that the office will be closed Fridays, Saturdays, Sundays and Mondays throughout July.

Of course, at any time you can email us (info@palspets.com or joan@palspets.com) or leave a message on the 24-hour answering machine (250-PALS).

Hope you all have a great summer!



ENTERTAINMENT BOOKS

Entertainment Books will be arriving at the PALS office the 2nd week of August. If you are interested in purchasing one for yourself or helping to sell them, please contact the PALS office at 250-7257, or info@palspets.com. Something NEW this year is the INCENTIVE program. Sell 5 or more books and get a FREE 2005 Entertainment Book.

LIFETIME MEMBERS

For their long-term involvement (15 years or more) and dedication to PALS, Lifetime Memberships were awarded at the AGM to:

| | |
|------------------|---------------|
| Jan Swingler | Leah Hardy |
| Lee-Ann Short | Joan Lister |
| Ron & Gina Heath | Natalie Myers |

If a dog were your teacher, you would learn stuff like:
 When loved ones come home, always run to greet them.
 Never pass up the opportunity to go for a joyride.
 Allow the experience of fresh air and the wind in your face to be pure ecstasy.
 When it's in your best interest, practice obedience.
 Let others know when they've invaded your territory.
 Take naps.
 Stretch before rising.
 Run, romp, and play daily.
 Thrive on attention and let people touch you.
 Avoid biting when a simple growl will do.
 On warm days, stop to lie on your back on the grass.
 On hot days, drink lots of water and lie under a shady tree.
 When you're happy, dance around and wag your entire body.
 No matter how often you're scolded, don't buy into the guilt thing and pout...
 run right back and make friends.
 Delight in the simple joy of a long walk.
 Eat with gusto and enthusiasm.
 Stop when you have had enough.
 Be loyal.
 Never pretend to be something you're not.
 If what you want lies buried, dig until you find it.
 When someone is having a bad day, be silent, sit close by and nuzzle them gently.
 And finally, never trust anyone until you sniff their butt.

EXCITING CHANGES FOR ART MARKET

I know that Art Market is still 5 months away and that you are all looking forward to the warm wonderful days of summer, but I would like to tell you about some exciting changes that have been made to our role at Art Market.

With support from the Board of Directors, it has been decided not to have the PALS Booth this year, but rather PALS will have a table with our promotional display board where we will sell raffle tickets for various items. We have some wonderful prizes; more on that in our next Newsletter. Our Looney Bin and PALS pets and their owners will still be there too. Of course, we will continue to provide booth relief for the artisans of Art Market, as that is our main function at this event.

I am overwhelmed by the number of people who have come forward to volunteer, and I thank you all for your dedication and support. There are still some shifts which need to be filled – especially during the daytime on Thursday and Friday. If you can help us out for one of these shifts please e-mail artmarket@palspets.com OR call the PALS Office 250-7257. You will be contacted in the fall to confirm your shift time and dates.

Thank you all once again for helping to make this a successful event. To end my article, I'd like to use a quote that I found one day while surfing the net.

If nothing ever changes, there'd be no butterflies

-Unknown-

Have a great summer everyone and we'll see you in the fall.

Susan Douglas

Art Market Volunteer Coordinator

PET EXPO: October 29th, 30th, 31st

For 2004, Pet Expo is moving back to the upper level of the Big 4 building. PALS will have a PR booth at Pet Expo for the fourth year running. Pet Expo is an event that is very well attended, so it gives us the opportunity to reach a lot of people.

The show hours have been extended this year to include Friday evening (4pm to 9pm) as well as the normal Saturday and Sunday hours (10am to 5pm). Volunteer are required for shifts which are 90 minutes long. This involves interacting with the people attending the show and answering questions about the PALS program. Something new this year too. We will be selling raffle tickets at Pet Expo. We have some great prizes. If your company would be interested in sponsorship or in donating prizes for either Pet Expo or Art Market, not necessarily pet-related, please contact the PALS Office.

In keeping with the show dates, volunteers who work a Sunday shift are encouraged to dress their animals in Halloween costumes, or at least a Halloween hat!

If you are available to work a shift, please email joan@palspets.com or phone the PALS office (250-PALS). Please be sure to let us know which day you are available and if you have a preferred time slot. Hope to see you there!

MEDICATIONS & INFECTION CONTROL

PALS strives to ensure the safety and well-being of its volunteers, their pets and of the people we visit. Due to the nature of the facilities in which we visit, the concentrations of potentially infectious agents are likely to be elevated above what you would normally encounter in your day-to-day life.

This should not be a matter of concern to healthy volunteers and their pets. However, there are situations which can lead to the suppression of your pet's immune responses (either short or long-term). If your PALS pet is on any of the following medications, which can suppress their immune system, please contact the PALS office to let us know.

Prednisone, Prednisolone, Dexamethasone, Betamethasone, Triaminolone, Delta Alabplex, Vanectyl P.

Chemotherapy Drugs: Vincristine, Oncovin, Chloambucil, Cyclophosphamide, Cylosporine

While we are on this subject, it is important to consider that the human on the other end of the PALS leash needs to be mindful of their health situation as well. If you are on any medications or have any medical conditions which may have an adverse effect on your immune system, you should probably talk to your family health care practitioner.

On another note, one of the best means of defense for staying healthy, of course, is frequent hand washing. Since this is not always convenient, or in some cases even possible, it's probably a good idea to carry hand sanitizer with you. Small sized bottles are available at most drug stores and can be stashed in your pocket/purse or glove compartment.

HULL STAMPEDE BREAKFAST July 13th

Yahoo!! Hull Family Services is holding their annual Stampede Breakfast on July 13th from 8 am until noon at the Hull Campus - 2266 Woodpark Avenue SW. A spectacular host of activities, displays and performances are expected to be there including: hot air balloons, the STARS helicopter, HAWK1, Fire Department equipment, buskers, petting zoo and much more! This fun event, which attracts around 5000, is open to all PALS volunteers and their pets. Please watch your pet to make sure that all the activity doesn't cause any cases of "nerves". As there is an abundance of tempting food around, also please be sure to control your pet so as to discourage any unwanted "sampling". And, of course, clean-up bags are de rigueur.

CALAWAY PARK: August 7th & 8th - VOLUNTEERS NEEDED

Once again, PALS will have a Public Relations booth at Calaway Park's 6th annual Family Fun Festival. Our booth is open from 10:00 am until 7:00 pm each day, so we'll need quite a few volunteers. This is a fun event – especially if you like fresh air & kids! Volunteer shifts are 90 minutes long, and in that time your PALS buddy will be patted as much as would normally happen in a week. For many of the kids at the park, interacting with our animals will be one of their first experiences with a dog. Some of the older kids make a point of coming back to our booth every 90 minutes to meet the new shift of dogs. The location of the PALS booth is ideal for us. It allows for shade from the hot sun as well as cover should the weather turn damp. There is ample parking, and PALS volunteers get free admission to the park. If you are available to work a shift, please email joan@palspets.com or phone the PALS office (250-PALS). Time flies by when you are having fun in the summertime, so please help us to get our volunteers for Calaway lined up early. Please be sure to let us know which day you are available and if you have any preferred time slot.

Hope to see you there!



Charitable Registration # 10781 1879 RR0001

BOARD OF DIRECTORS

President: Paul Rintoul
Vice President: Gus van Heusden
Treasurer: Paul Klaassen

DIRECTORS

Jim Heaton
Brian Jack
James Miller
Dr. Irene Phillips
Angie Young

VOLUNTEER COORDINATOR

Sandra Johnston

ADMINISTRATIVE ASSISTANT

Joan Andersen

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